



**Heathier
Scotland**
Scottish
Government

**UK
Government
Healthy Start
vouchers are
stopping for
families in
Scotland.**

**The Scottish
Government is
replacing these with**
Best Start | **FOODS**

Make the move now!

Call 0800 182 2222 or visit mygov.scot



The last
Healthy Start
Vouchers will
be issued
31 March.



Apply now for a Best Start Foods payment card.

UK Government Healthy Start vouchers are stopping for families in Scotland at the end of March 2020. They are being replaced by the Best Start Foods payment card.

Best Start Foods replaces the paper vouchers with a chip and pin card, giving you more flexibility in how you use it.

Best Start Foods money is added to the card every four weeks as long as you are still eligible.

The card can be used in any supermarkets and local shops with a chip and pin machine.

To make the move, you'll need to apply at mygov.scot or by calling us for free on **0800 182 2222**.

It can take up to two weeks to get a decision on your application and up to six weeks to receive your card.

We can't guarantee that applications made after February 2020 will get their card ahead of UK Healthy Start vouchers stopping, **so don't delay and apply today.**

Is there other support available?

When you apply for Best Start Foods we will also check if you are eligible for Best Start Grant.

Best Start Grant is a package of three payments that gives you extra money at key stages in the early years of your children's life.

Make your move now.



visit mygov.scot



or call 0800 182 2222



or to request a paper application call the freephone number above.